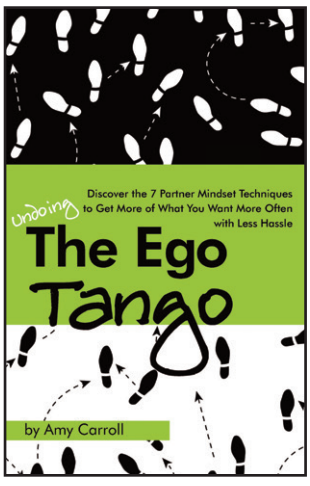
Discover your Moment of Truth

Chivalry in the Station

Assignment 9

Print the following pages or complete the assignments on-screen.



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Carroll Communication Coaching
www.carrollcoaching.com
amy@carrollcoaching.com

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Moment of Truth

Partner Mindset Technique No. 7

Accept the Offer

Do you block offers before they happen? How? In all situations, or only some? In which situations and with whom?

For the next 48 hours, practice accepting every offer that comes your way, from someone opening a door, to assistance/advice on a project, to being offered a seat on the train. An offer can be verbal, conceptual, physical or emotional. Follow the rule: never block an offer. (Okay, maybe not everything…)

Partner Mindset Technique No. 7

Accept the Offer

What kinds of offers did you get? (An offer can be verbal, conceptual, physical or emotional.) Examples: someone offered you their seat on a crowded bus, a smile, someone let you go ahead of them in line and so on.

Next, practice extending offers enthusiastically for the next few days. How does it feel when others accept your offers?

Partner Mindset Technique No. 7

Accept the Offer

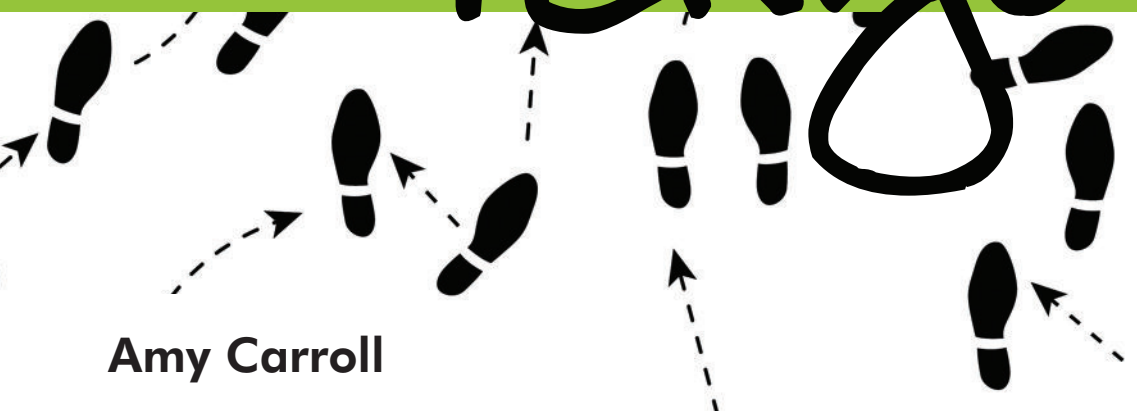
How does it feel when they block your offers?

What are some of the rewards and benefits to accepting offers in your life?

Undoing

The Ego Tango

Discover the 7 Partner Mindset Techniques
to Get More of What You Want More Often
with Less Hassle



Amy Carroll

With over 30 years of personal experience and education, Amy Carroll's understanding of the human psyche is extensive.

Amy leads programs for multinationals worldwide. She is a Professional Certified Coach and certified Master Practitioner of NLP (neuro linguistic programming).

Amy coaches clients to become more dynamic, honest and effective partners, developing their ability to influence others by creating powerful partnerships.

Learn to:

Positively influence customers, colleagues and subordinates to get the outcomes you want with everyone feeling valued and respected

Handle difficult or sensitive topics (customer meetings, financial presentations, major speeches) with less nervousness

Present ideas in a more compelling and confident manner

Develop leadership presence when negotiating with different cultures and personalities

Amy's Education and Training
Psychology (Bachelor of Arts) from Michigan State University
CoachU, a US-based coaching school, PCC certified
JS-International, NLP training, Master Practitioner
BATS (Bay Area Theatre Sports), Improvisational Training
NLP Certified Practitioner
NLP Master Practitioner

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